A welcoming first workshop

Workshop team



Figure 1: Materials ready for the shared exercise.

1 Start with a shared exercise

Work in pairs. Draw an object you use every day, then explain what it does [1]. See Section 2 for the time each group has to share.

2 Make time for each group

Allow 6 minutes for each of the 3 groups.

$$3 \times 6 = 18 \text{ minutes}$$

Activity	Minutes
Pair exercise	8
Group discussion	18

3 Close with one next step

Write down one idea each pair wants to try again.

References

[1] Workshop Team. *Facilitating a Paired Sketch Exercise*, 2026. Fictional facilitator notes for the sample workshop.