# A welcoming first workshop

Workshop team



Figure 1: Materials ready for the shared exercise.

## 1 Start with a shared exercise

Work in pairs. Draw an object you use every day, then explain what it does [1]. See Section 2 for the time each group has to share.

## 2 Make time for each group

Allow 4 minutes for each of the 3 groups.

$$3 \times 4 = 12 \text{ minutes}$$

| Activity | Minutes |
|---|---|
| Pair exercise | 8 |
| Group discussion | 12 |

## 3 Close with one next step

Write down one idea each pair wants to try again.

## References

[1] Workshop Team. *Facilitating a Paired Sketch Exercise*, 2026. Fictional facilitator notes for the sample workshop.